



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes life it takes you by the hand  
It (1)\_\_\_\_\_ you down before you (2)\_\_\_\_\_ it  
It's (3)\_\_\_\_\_ and you're dead again  
I've been in places and I won't pretend  
That I make it I just follow my head  
When its strange to take a walk downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I cannot believe my own truth  
To show what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
You (4)\_\_\_\_\_ those days when you wanted to choose  
To not get out of bed and get lost in your head again  
You play the game but you gotta cut  
'Cause you're (5)\_\_\_\_\_ down hard (6)\_\_\_\_\_  
joints are off stud  
I tried to say that's not the only way  
I never knew if I (7)\_\_\_\_\_ convince (8)\_\_\_\_\_  
to change  
You were (9)\_\_\_\_\_ I was insecure  
Slip and (10)\_\_\_\_\_ I got the call of the prison I was living  
in

Yeah yeah and it's okay  
I tie my hands up to a (11)\_\_\_\_\_ so I don't fall  
(12)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall (13)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my (14)\_\_\_\_\_ up to a (15)\_\_\_\_\_ so I don't  
(16)\_\_\_\_\_ that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
Yeah yeah and it's okay  
I tie my hands up to a (17)\_\_\_\_\_ so I don't fall that way  
Yeah yeah and I'm alright  
I (18)\_\_\_\_\_ a sip of something poison  
A sip of something poison...



Answer

1. puts
2. know
3. gone
4. know
5. coming
6. your
7. could
8. myself
9. pacing
10. fall
11. chair
12. that
13. that
14. hands
15. chair
16. fall
17. chair
18. took

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