

Fill in the gaps

Helena Beat by Foster The People

Sometimes life it takes you by the hand			Yeah yeah and it's okay		
It puts you (1)	•		I tie my hands up to a chair so I don't fall (8)	wav	
It's gone and you're dead again			Yeah yeah and I'm alright		
I've been in places and I won't pretend			I took a sip of something poison but I'll (9)	on tight	
That I make it I just follow my head			Yeah yeah and it's okay		
When its strange to take a walk downstairs			I tie my hands up to a chair so I don't fall that way		
Sweep you all up on a corner and pay for my bread			Yeah yeah and I'm alright		
You know (2)	I cannot believe my own truth		I took a sip of something poison		
	a truth, got nothin' to lose		A sip of something poison		
Yeah yeah and it's okay			Yeah yeah and it's okay		
I tie my hands up to a chair so I don't fall that way			I tie my hands up to a chair so I don't fall that way		
Yeah yeah and I'm alright			Yeah yeah and I'm alright		
I took a sip of something poison but I'll hold on tight			I took a sip of something (10) I	out I'll hold on	
You know those days when you wanted to choose			tight		
To not get out of bed and get lost in (4) head again			Yeah yeah and it's okay		
You play the game but you gotta cut			I tie my hands up to a chair so I don't fall that way		
'Cause you're coming down hard your joints are off stud			Yeah yeah and I'm alright		
I tried to say that's not the only way			I took a sip of something poison		
I never (5) if I	could convince (6)	to	A sip of something poison		
change					
You were (7) I was insecure					
Slip and fall I got the call of the prison I was living in					



- 1. down
- 2. that
- 3. what
- 4. your
- 5. knew
- 6. myself
- 7. pacing
- 8. that
- 9. hold
- 10. poison

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