



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes life it takes you by the hand  
It puts you down before you (1)\_\_\_\_\_ it  
It's gone and you're dead again  
I've (2)\_\_\_\_\_ in places and I won't pretend  
That I make it I just follow my head  
When its strange to take a walk downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I cannot believe my own truth  
To show what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
You (3)\_\_\_\_\_ those days (4)\_\_\_\_\_ you wanted to  
choose  
To not get out of bed and get lost in your head again  
You play the game but you gotta cut  
'Cause you're coming down (5)\_\_\_\_\_ (6)\_\_\_\_\_  
joints are off stud  
I tried to say that's not the only way  
I never knew if I could convince myself to change  
You were pacing I was insecure  
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay  
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Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my (7)\_\_\_\_\_ up to a (8)\_\_\_\_\_ so I don't  
fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't (9)\_\_\_\_\_ that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...



Answer

1. know
2. been
3. know
4. when
5. hard
6. your
7. hands
8. chair
9. fall

**Fill in the gaps**