



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes life it takes you by the hand  
It (1)\_\_\_\_\_ you down before you know it  
It's gone and you're dead again  
I've been in places and I won't pretend  
That I make it I just follow my head  
When its strange to (2)\_\_\_\_\_ a (3)\_\_\_\_\_ downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I cannot believe my own truth  
To show what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
You know those days when you wanted to choose  
To not get out of bed and get lost in your (4)\_\_\_\_\_ again  
You play the game but you gotta cut  
'Cause you're coming down hard your (5)\_\_\_\_\_ are  
off stud  
I (6)\_\_\_\_\_ to say that's not the only way  
I never knew if I could (7)\_\_\_\_\_  
(8)\_\_\_\_\_ to change  
You were pacing I was insecure  
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something (9)\_\_\_\_\_ but I'll hold on  
tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...



Answer

1. puts
2. take
3. walk
4. head
5. joints
6. tried
7. convince
8. myself
9. poison

**Fill in the gaps**