



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes life it takes you by the hand  
It puts you down before you know it  
It's gone and you're (1)\_\_\_\_\_ again  
I've been in places and I won't pretend  
That I make it I just follow my head  
When its strange to take a walk downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I cannot believe my own truth  
To show what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of (2)\_\_\_\_\_ poison but I'll hold  
on tight  
You know those days when you wanted to choose  
To not get out of bed and get (3)\_\_\_\_\_ in your head  
again  
You play the (4)\_\_\_\_\_ but you gotta cut  
'Cause you're coming down hard your joints are off stud  
I tried to say that's not the only way  
I never knew if I (5)\_\_\_\_\_ convince myself to change  
You were pacing I was insecure  
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay  
I tie my (6)\_\_\_\_\_ up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I (7)\_\_\_\_\_ a sip of something poison but I'll hold on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall (8)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll (9)\_\_\_\_\_ on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of (10)\_\_\_\_\_ poison...



**Fill in the gaps**

**Answer**

1. dead
2. something
3. lost
4. game
5. could
6. hands
7. took
8. that
9. hold
10. something