



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes life it takes you by the hand  
It (1)\_\_\_\_\_ you down before you know it  
It's gone and you're dead again  
I've (2)\_\_\_\_\_ in places and I won't pretend  
That I make it I just follow my head  
When its strange to take a (3)\_\_\_\_\_ downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I cannot (4)\_\_\_\_\_ my own truth  
To (5)\_\_\_\_\_ what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a (6)\_\_\_\_\_ so I don't  
(7)\_\_\_\_\_ (8)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I (9)\_\_\_\_\_ a sip of something (10)\_\_\_\_\_ but I'll  
hold on tight  
You know those days when you wanted to choose  
To not get out of bed and get lost in (11)\_\_\_\_\_ head  
again  
You play the game but you gotta cut  
'Cause you're (12)\_\_\_\_\_ (13)\_\_\_\_\_ hard your  
joints are off stud  
I tried to say that's not the only way  
I never (14)\_\_\_\_\_ if I could convince (15)\_\_\_\_\_  
to change  
You were pacing I was insecure  
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay  
I tie my hands up to a (16)\_\_\_\_\_ so I don't fall  
(17)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of something (18)\_\_\_\_\_ but I'll hold on  
tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something (19)\_\_\_\_\_ but I'll hold on  
tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I (20)\_\_\_\_\_ a sip of something poison  
A sip of something poison...



Answer

1. puts
2. been
3. walk
4. believe
5. show
6. chair
7. fall
8. that
9. took
10. poison
11. your
12. coming
13. down
14. knew
15. myself
16. chair
17. that
18. poison
19. poison
20. took

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